If stored for two weeks after being picked, the hardy orange also can produce a small amount of juice that is rich in vitamin C (boosts immunity). The fruit contains phytochemicals like coumarins (antioxidant, increases blood flow). Other known beneficial qualities, utilized in Traditional Eastern Medicine, include anti-inflammatory, anti-allergenic, and anti-emetic (soothes nausea) properties. Some even process its thorns and stem bark to treat toothache or viruses!

**STARTING FRUIT FROM SEED**

Cold-stratify stored seeds for one month in the fridge. Store them in a container with a damp paper towel. After one month, sow in early spring in a greenhouse. Once large enough, place seedlings into individual pots and nurse them in a greenhouse for their first winter. Plant them in their permanent position in early summer. Suitable for sandy, loamy, or clay soils—preferring well-drained. Tough and tolerant, it can grow in nutritionally poor soil regardless of the pH quality. Prefers a hardiness zone from 6-10 and full-sun. **The shrubs will establish fairly quickly and fruit heavily—living about 25 years!** The shrub produces many seedlings at the base which can also be up-potted to establish new plants.